

Caregivers Seminars, Workshops, & Support Groups

There is no charge for classes, seminars and groups

To register call numbers below or email us at:

caregiversupport@slco.org

Check out the new Salt Lake County Senior Events Web Calendar at
<http://www.aging.slco.org/calendar/index.cfm?siteID=13>

SEPTEMBER - 2010				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6 – HOLIDAY – we are closed on Monday the 6 th .	7	8	9	10 – Film Fest “The Alzheimer’s Project: The Memory Loss Tapes”
13 - Women’s Lunch Group	14	15 – East Side Adult Children’s Lunch Group	16	17
20	21	22	23	24
27	28	29	30 – West Side Adult Children’s Lunch Group	

OCTOBER – 2010				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8 – Film Fest “The Alzheimer’s Project: Caregivers”
11 – Women’s Lunch Group	12	13	14	15
18	19	20 – East Side Adult Children’s Lunch Group	21 – Senior Expo at the Sandy South Towne 8 to 5 pm	22 – Senior Expo at Sandy South Towne 8 to 5 pm
25	26	27	28 – West Side Adult Children’s Lunch Group	29

FILM FEST FRIDAYS

Free Caregiver Film
Discussions

Second Friday of Each Month

12:00 – 1:30 PM

At the Salt Lake County
Government Center
2001 S. State St.
Room #S-2019

September 10, 2010 –
"The Alzheimer's Project: The Memory
Loss Tapes" (60 mins)

October 8, 2010 – "The Alzheimer's
Project: Caregivers" (60 mins)

*For further information please
call*

Kathy Nelson @
801-468-3480 or email
ksnelson@slco.org

(Feel free to bring your lunch!)

SENIOR EXPO is BACK!!

South Towne Expo
Center Halls 1 & 2

9575 So. State St. Sandy,
Utah 84070

Thursday,
October 21, 2010

8 am to 5 pm

Friday,
October 22, 2010

8 am to 5 pm

For more information:
Call Aging Services at
(801) 468-2454

Or visit the web page at:
www.seniorexpo.slco.org

WOMEN'S LUNCHEON

(Support Group)

A support group designed for
women caring for their husbands

Call Kathy at **801-468-3480**

For location

2nd Monday of each month

11:30 A.M.

****Lunch is paid by Participant**

EAST SIDE

ADULT CHILDREN'S LUNCH GROUP

(Support Group)

A support group for those
caring for aging parent(s) or
relative(s)

Call Cynthia at **801-468-2489**

For location

3rd Wednesday of each month

11:30 A.M.

****Lunch is paid by Participant**

SUPPORT GROUP TOPICS

September – Things we wish
people knew about
Caregiving
October - Grief

E-SUPPORT & INFORMATION

Email us at:

caregiversupport@slco.org

Send us an email with your
questions, concerns, advice, etc.

JOIN the E-Mail Group!

Let us know if you would like
to be added to our monthly e-
mail list! We send extra tips,
resource options and respite
ideas for the Salt Lake County
area.

WEST SIDE

ADULT CHILDREN'S LUNCH GROUP

(Support Group)

A support group for those
caring for aging parent(s) or
relative(s)

Call Christine at **801-468-2488**

For location

Last Thursday of each month

11:30 A.M.

****Lunch is paid by Participant**

MEN'S LUNCHEON

(Support Group)

Caregiver Support is recruiting
for a support group
designed for men
caring for their wives.

Call Kathy at **801-468-3480**
for more information.



Salt Lake County Aging Services
Caregiver Support Program

801-468-2460

TTY users should call 711

...options and opportunities for your generation