

The Road to Caregiving

Help on the road to caregiving...

Salt Lake County Caregiver Support
2001 South State Street S-1500
Salt Lake City, Utah 84190

(801) 468-2460

TTY users should call 711

www.aging.slco.org/caregiversupport/

Aging Services Information

www.aging.slco.org

Administration	(801) 468-2454
Alternatives	(801) 468-2459
Bridges	(801) 468-2188
Foster Grandparent	(801) 468-2474
Healthy Aging	(801) 468-2772
Meals on Wheels (new)	(801) 468-2480
Ombudsman	(801) 468-2854
RSVP Volunteers	(801) 468-2490
Senior Centers	(801) 468-2496
Senior Companion	(801) 468-2474
Senior Employment	(801) 468-2785
Senior Transportation	(801) 468-2464



Like any journey, the road to caregiving requires a plan, sufficient funds, a sense of humor, and a reliable source of information when we run out of gas or just don't know where to turn.



...options and opportunities for your generation

Are you
on the road to
caregiving?



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Salt Lake County Aging Services
Caregiver Support Program

Eligibility

- No financial eligibility or fees are required to participate
- Caregivers must be 18 or older
- Care receivers must be 60 or older and need assistance with at least 2 activities of daily living, or have dementia or cognitive impairment
- Caregivers 55 and older who have responsibility for grandchildren living in their house, may also be eligible.

In-Home Services

- Limited* respite services to assist the caregiver in managing their caregiving responsibilities.
- Services include options such as direct in-home assistance, Adult Day Care, or even assistance with short term facility placement. Limited* supplies and equipment may be available if the caregiver is participating in respite services. (*Limited by funding availability and time requirements.)
- **An application is required** for in-home services.

Application Process

- A caregiver must call (801) 468-2460 and complete an intake. This can be done over the phone and determines a caregiver's "risk score".
- Following the completion of the intake, all caregivers are placed on a waiting list.
- When program funds become available, the caregiver with the highest "risk score" on the waiting list will receive a call from a Case Manager, who will manage the caregiver's case.

Support Services

- **Information** on resources, products, providers, diseases and other services caregivers may need.
- **Case Managers**, certified professionals, who can work one-on-one with caregivers to plan care, answer questions, listen and lend support.
- Luncheon **discussion groups** that provide respite while discussing various topics a caregiver needs.
- **Classes, conferences and events** that allow caregivers to learn, find respite, and share the various skills, information and aspects of caregiving.
- Sign up for classes and events may be required due to limited space.



Sometimes we just need a change of direction, a new mode of transportation, or a good rest stop.

More information?

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